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# MentalHealthCE.com

## Most popular MFT CEU Courses - See 200+ online

Course Topics, Course Code, & Selected Course Content

### Internet Bullying

(IB 4 & 10 hr)

- 3 Steps to Help a Teens Gain Empathy
- "Peer Practice" Increase Confidence [YouTube](#)
- How to Empower Bystanders & more...

### Ethical Boundaries

(CB 2, 3, 5, & 10 hr)

- 4 Rules for Avoiding Judgment
- Your Paychek vs Your Principles?
- To Touch or Not to Touch? & more...

### Anxiety

(BCS 10 hr)

- CBT strategy for Unanswerable Questions
- Wish I'd Done It List [YouTube](#)
- The Dark Side of Spirituality & more...

### Eating Disorders

(EDA 3 & 10 hr)

- Discounting with "Tear Out Hypocrisy"
- Pseudo-Identity & a Personality Picture
- Anorexia as the "Con Man" & more...

### Couples - Infidelity

(INF 10 hr)

- How to Avoid Your Therapeutic Judgement
- "Flip-Flop Factor" in Foster Understanding
- Cybercheating, EMDR Jealousy, & more...

### ADD Adults

(LB 10 hr)

- 'Dissolving Resistance' for Perfectionists
- Shifting, Running Out of Gas, & Cruise
- **4-Step "STAR" Technique** & more...



Play Course mp3 audios or [YouTube](#) videos for your next Staff meeting, client session or take course Individually!

### Supervision

(SEC 3, 4, 5, & 6 hr)

- 4-Step Conflict Resolution Formula
- Dealing with Resistant Supervisees
- 4 Ethical Cornerstone Questions & more...

### Addiction

(MM 1 & 10 hr)

- 10 Pre-Intervention Steps [YouTube](#)
- **Connecting with the Mascot**
- Overcoming the 3 R's & more...

### Narcisism

(NAR 6 hr)

- Releasing Emotions, "Grief Pantomime"
- Injury & the Mantle of Superiority
- How to **Overcome Subversion** & more...

### Teen Suicide

(HSL 6 hr)

- Effectively Using the Programmed Cry
- Breaking **Layers of Insulation** [YouTube](#)
- The Long Goodbye, Rescripting, & more...

### PTSD

(ND 1, 4, & 10 hr)

- Treating 4 Forms of PTSD Depression
- Repressed Anger & the "**Gestalt Chair**"
- "Loss of an Orderly World" & more...

### Borderline

(BPIC 1, 3, and 6 hr)

- How to Find & Challenge a Schema
- Using 4 "Reaction Analysis" Questions
- Techniques for Subjugation & more...

### Bipolar Adults

(BA 10 hr)

- ECT, VNS, 7 Key Criteria for Hospitalization
- "Ladder of Inference" for a Fatalistic Stance
- Treating Sexual Differences & more...

Get started now! Go to [MentalHealthCE.com](http://MentalHealthCE.com)

Questions?

(800) 667-7745

(M-F 9:30 a.m. to 9:00 p.m. Eastern)

or Leave a Message (925) 391-0363

[info@mentalhealthce.com](mailto:info@mentalhealthce.com)

### Domestic Violence

(BO 4 hr)

- 5 Steps to Alleviating STS
- Use of **3 Burn-Out Shields**
- 4 Llife Saving Tips & more...

### Difficult Teens

(CE 10 hr)

- 3 Parental Reframes, Runaway Teens
- 3-Dimensional Model, Family Contract
- **Sexual Promiscuity: 3 Tools** & more...

### Aspergers

(EP 6 hr)

- Predictability, Responsibility, Flexibility
- Building Social Skills [YouTube](#)
- Comic Strip Conversations & more...

### Self Mutilation

(SM 10 hr)

- Bodily Alienation & Self-Mirroring
- **Poorly Executed Hospitalizations**
- The Country-Club Mother & more...

### School Shootings

(SSE 4, 6, & 10 hr)

- Identifying the Masters of Disguise
- 3 Conflicts Preventing Recovery
- See Origins of the Rampage & more...

### Psychology of Terrorism

(EC 3 hr)

- Hallucinations of Force Multipliers
- The Media's Symbiotic Relationship
- Sociopath, Jihad, & Narcissis & more...

### Crisis Intervention

(CRI 10 hr)

- The 1 Question Technique [YouTube](#)
- Common Denominator, Magic Rescuer
- 3 Phases for Rape Victims & more...

### Cancer: Family

(CCP 10 hr)

- Dynamics of Anger, Affect Integration
- Using 2-Step Confrontation Technique
- Beyond Guilty & more... [YouTube](#)

### Male Suicide

(MS 10 hr)

- Tools for the Counterdependent Male
- Building Self-Esteem without Self-Centeredness
- Dad Zone vs. Mommy List & more...

### Depression

(DY 10 hr)

- Alphabet Actions, The Brick Test
- SQ3R & the Egg Timer, Problem Horoscope
- Zen & Rubber Band CBT & more...

### Self Criticism

(PSC 10 hr)

- Tools for Treating the "Born Loser"
- The Hanging Judge [YouTube](#)
- "Being God", Just Good News & more...

### Dissociative Identity Dis.

(DID 10 hr)

- 3 Methods for Meeting Alter-Personalities
- Criminal Acts, Competition, Forbidden Wishes
- Meet the "Angry One" & more...

## Marriage & Family Therapist

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**Supervison:** 10 Courses - 3 to 10 hrs in length

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